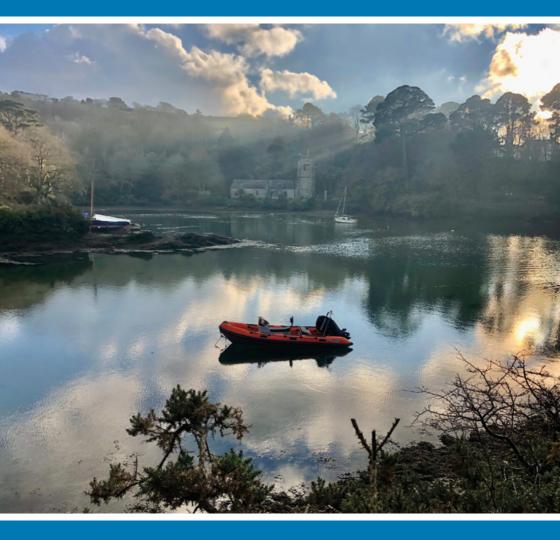
## St Mawes & The Roseland GUIDE





PRODUCED BY ROSELAND VISITOR CENTRE

01326 270440 www.stmawesandtheroseland.co.uk

# Welcome to St Mawes and the Roseland



Welcome

6

St Mawes and the

Roselanc

Thank you for your interest in St Mawes and the Roseland. I'm lucky to have lived here all my life and to be the elected representative on Cornwall Council. We love

this place due to it's fantastic environment and heritage, beautiful land and seascapes.

It is reputed that Jesus landed in St Just with his uncle, Joseph of Arimathea, on a tin trading voyage. Whatever the reality of that, the largest tin ingot ever found, was dredged up in St Mawes harbour. In the Victorian era, the Ship & Castle hotel was purpose built to welcome our visitors. Hospitality is a long tradition for us and should you visit, I am sure you will find a warm welcome.

There are great walks, sailing, food and drink and accommodation to be found in St Mawes and across the Roseland. You can find out more by reading this guide.

#### Julian German, Cornwall Councillor for The Roseland



As the Chair of the St Just in Roseland Parish Council it is my pleasure to welcome you to the beautiful Roseland Peninsula. I came to live here over 20 years

ago and have always been involved in the commercial life of the village, with my partner Steve we've run several businesses in St Mawes. The work has always been customer focussed and it has given me the opportunity to get to know a great number of people within our wonderful local community and learn about the parish, past and present.

Our visitor community has always been important to the parish. Some families return year after year and have close ties with the villages, others, maybe you, are first time visitors. Whatever the visit we hope you will enjoy the simple pleasures the area has to offer.

The sea air, the slower pace, the beautiful walks, waterscapes, history, people and hospitality are the ingredients for a reviving and relaxing break.

Keith Warren, Chairman St Just in Roseland Parish Council



## **Roseland Visitor Centre**





We are situated in the St Mawes Car Park and our volunteers can assist you to having an enjoyable time in the Parish.

Our volunteers have a wealth of knowledge and look forward to speaking to you.

We hold an array of leaflets to give you ideas of where to visit as well as bus and ferry timetables.

Please do pop in and view our range of St Mawes Merchandise, maps, postcards and so much more.

Opening Hours – 10.00 to 13.00 Monday to Friday If you have any queries our telephone number is 01326 270440 or email enquiries@roselandinfo.com

The Roseland Visitor Co-ordinator can be reached on enquiries@stjustinroseland-pc.gov.uk

Roseland Visitor Centre, The Square, St Mawes TR2 5AG Tel: 01326 270440 Email: enquiries@roselandinfo.com www.stmawesandtheroseland.co.uk and find us on Facebook

# Millennium Function Room

## Millennium Function Room

The Millennium Function Room is situated above the Roseland Visitor Centre. During the school holidays we host our very talented local art groups and individual artists for exhibitions and sales of their beautiful work. We have been delighted to welcome St Mawes Art Group to the Millennium Rooms for their weekly sessions and extremely popular exhibitions since the premises were built in 2001.

The Group was founded in 1945, 76 years ago, by arguably the finest painter to come out of the village, war artist Charles Pears. It was a group established for both professional artists and for those who paint purely for the love of it, to provide opportunities for them to exhibit and sell their work.

Look out too for events held here as part of the spring Roseland Festival, and also one off talks by local Heritage Groups and wildlife groups, to name a few. Keep an eye on our website and local noticeboards for dates and further information.

When not in use for exhibitions, a number of local groups use the space for activities such as yoga, pilates, art classes and bridge.



If you need to have some quiet space while on holiday with access to the internet – we have a small room available for hire. Please contact the Roseland Visitor Coordinator for details.

The Function Room itself is a light bright airy space ideal for classes, staff training, lectures and meetings and can seat up to 50 people. There is a small kitchen suitable for making tea and coffee. There is ample parking nearby in the main car park and the building is equipped for disabled access and has a hearing loop, screen and projector. Free Wifi is available to hirers of the space.

For more information on hiring this room please contact the Roseland Visitor Coordinator.



Roseland Visitor Centre and Millennium Function Room The Square, St Mawes TR2 5AG Tel: 01326 270799 Email: enquiries@stjustinroseland-pc.gov.uk www.stjustinroseland-pc.gov.uk

## St Mawes



**St Mawes** is the principal and largest village on the Roseland Peninsula. An important port in medieval times, Henry VIII had St Mawes Castle, still beautifully preserved, built to protect Falmouth Harbour. The village found favour with the early Victorian holidaymakers, not least due to the mild climate and air quality, characteristics which still attract visitors to the area today.

The village has a picturesque harbour with a small fishing fleet; until the early 1900s fishing was a major occupation, particularly for pilchards. Supplies were needed for the fishermen and their families so small businesses, such as chandlers, boot and shoemakers, groceries and of course public houses, thrived.

Today the village has a small but well stocked supermarket, bakery, butcher, gift shops, and galleries. You will also find a range of pubs, cafes and restaurants, plus holiday accommodation, to suit all tastes. For children of all ages the Recreation Ground offers a Tennis Court (bookable at the Roseland Visitor Centre), a Skate Park, Zip Wire, Eco Hut, Woodland Trail, and Family Area as well as traditional play equipment. There are two fine beaches, one at each end of the village, with a range of water sports on offer. Kayaks and small boats are available to hire at the Quay, from which the Fal River ferries also depart.

Lamorran House Garden is a four-acre subtropical, Italianate garden at the top of the village. A garden of many levels, it is situated on a south facing slope with far reaching views across to St Anthony Head and beyond.

The garden remains frost free and therefore a wide range of plants from all over the world can be found creating something of a plantsperson's paradise. The gardens are open three days per week from April to end of September (check their website for details).

There is an admission charge and dogs are allowed only by prior permission. Unfortunately, due to the of the site it is unsuitable for wheelchairs, and those with limited mobility may find that they are only able to access the upper levels of the gardens. Teas, coffees and light refreshments are available on the Terrace.

Lamorran Garden, Upper Castle Road, St Mawes 01326 270800 - www.lamorrangarden.co.uk





## St Mawes Castle

The Castle is set in landscaped grounds with beautiful outward looking views over Falmouth Bay and the Carrick Roads. It is managed by English Heritage and there is an entrance charge for non-members. There is plenty of car parking (cost refunded on entry to the Castle) and picnics are welcome in the grounds. Due to the nature of the site with some slopes and steep drops wheelchair access is limited. Dogs are welcome on their leads. You will find Bear Cornwall in the car park, a 1960's Citroen HY Van, from which speciality coffee and cakes are served.

Castle Drive, St Mawes, TR2 5DE english-heritage.org.uk/pendennis or english-heritage.org.uk/stmawes or telephone 0370 333 1181

## **BOAT TRIPS** from **ST MAWES**

## **ST MAWES FERRY** \\ 7 days a week \\ Year round



"Connecting St Mawes and the Roseland to the bustling maritime town of Falmouth"

One of Cornwall's most popular boat trips, it carries over 162,000 passengers a year on the 2.8 mile route and is an absolute must for anyone visiting Cornwall

### **PLACE FERRY** \\ 7 days a week \\ Apr-Oct

"Unlocking the most southerly tip of the **Roseland Peninsula**"

Along with the St Mawes Ferry, it forms an integral part of the South West Coast Path, saving walkers at least a day's extra walking



Ticket, timetables & departures from St Mawes Quay





## St Anthony Headland

One of the most popular trips from St Mawes is to take the Place Ferry from the quay across to Place Manor. If you are making a return trip collect discount vouchers from Roseland Visitor Centre before setting out. Looking back across to St Mawes from Place gives a vista which you won't be able to see from within the village itself.



There are a number of footpaths on the headland which will give you a choice of circular walks.

The most popular route is to turn right from the ferry and follow the footpath to the lane. Turn left up the lane and after about 300 metres watch out for the footpath on the right which will take you behind Place Manor, making sure you call in to the lovingly restored St Anthony's Church.



The coastal path, which is well signed, continues to the lighthouse (which was used in the filming of the children's programme, Fraggle Rock) (toilets available here). From the lighthouse continue along the coastal path. Note: sections of the route are near to cliff edges. Always stay on the path and observe any signs which indicate cliff instability. This is particularly important in the area around Porthbeor.

When you reach Towan Beach (Porth Farm) leave the coastal path, turn inland, cross the road and the footpath continues from the rear of the car parking field along the creekside and back to the ferry.



It depends on your own walking speed, photo stops and rests to enjoy the view but you should allow at least four hours to fully appreciate this seven mile walk.

As an alternative, upon reaching Towan Beach continue along the coastal path until you reach Portscatho. From New Road you can catch the bus back to St Mawes; call in and see us at Roseland Visitor Centre to check the departure points and times before setting out.

## Villages on The Roseland

A visit to **St Just in Roseland**, just 2 miles from St Mawes, is a must, with its 13th century Church, tidal creek setting and beautifully kept sub-tropical grounds; visitors are always given a warm welcome. Sir John Betjeman described it as being "to many people the most beautiful churchyard on earth". It is possible to walk there from St Mawes (see pages 12/13). St Just also has a thriving village hall and children's playground.

On the east side of the Roseland **Portscatho** was once famous for pilchard fishing; it still retains a small active fishing fleet. There is a small shop and post office, and galleries along with public car parking. **Gerrans** grew as a farming community at the top of the hill above Portscatho. The church spire can be seen for miles around and is a well known landmark to those on land and sea.

There is access to breathtaking cliff, creek, country and beach walks from both villages. Gerrans has a local Heritage Centre at the Old Forge which contains a wealth of information on the history of the area. There is a squash court in Gerrans and a public car park.



Further east is the village of **Veryan** famous for its 5 round houses, built around 200 years ago and surrounded by local folklore. Many say they were round so that there were no corners in which the devil could hide; in reality they were a show of wealth, the land owner having them built at the entrances to "his village". Elerkey Gallery in Veryan, Veryan Galleries at Veryan Green and Melinsey Mill a mile towards St Mawes are all worthy of a visit.

**Portloe** is a delightful fishing village with a tiny working harbour sheltered by high cliffs, popular with walkers.

Tucked away inland are the sleepy villages of **Philleigh** and **Ruan Lanihorne**. Both have good pubs and interesting churches. The tidal creek at Ruan Lanihorne is a bird lover's paradise while leafy lanes and woods provide tranguil walks.



A thriving port before the river silted up, **Tregony's** wide main street features a restored clock tower and good pub and the village is often called the "gateway to The Roseland".

St Anthony Headlanc

## Getting around The Roseland

Why not leave the car behind, even if only for one day? There are other ways to get around giving you time to enjoy the scenery whilst being more environmentally aware. You can plan some wonderful combinations of walks, boat trips and public transport.

St Mawes and the Roseland peninsula are almost entirely surrounded by water – make the most of this by taking a trip on one of the Fal River Ferries. Enjoy the varied water sports such as kayaking, canoeing, sailing, windsurfing or paddle boarding. If you don't have your own equipment speak to Mark at St Mawes Kayaks on the quay.

#### The St Mawes Passenger Ferry

provides a regular pedestrian link from St Mawes to Falmouth, operational year round, seven days a week.



**Place Ferry** is a small seasonal passenger ferry which offers a regular service between St Mawes and Place from Good Friday to October, allowing visitors to explore St Anthony Head and to enjoy the beaches and circular walks on the headland (see pages 12/13). Trips to Trelissick Gardens (National Trust) and Truro (via Falmouth) are also available during the summer season. **King Harry Ferry** is a vehicle ferry crossing the upper reaches of the Fal near Philleigh across to Feock. This service operates daily. If you have a large campervan check with Fal River before you travel.



For all the ferries, call in to Roseland Visitor Centre to pick up timetables and discount vouchers.

**Public transport** there is a bus service connecting St Mawes and the villages on the Roseland with Truro. Check with Roseland Visitor Centre for timetable details (note that the service at the time of printing is one hourly and the service does not run late into the evening; fewer services run at weekends and on Bank Holidays).

#### **Roseland Community Transport**

runs regular excursions to places of interest around Cornwall. They pick up from anywhere on the Roseland. Look out for notices locally; bookings can be made at the Roseland Visitor Centre.

#### Car parking

The Parish Council run car park in The Square, St Mawes TR2 5AG provides for both short and long stay parking. Tickets available cover 1 hour up to 1 week. Both ticket machines accept debit/credit cards or coins. Change can be obtained from the Roseland Visitor Centre or the Car Park Office when open. All tickets must be clearly displayed in your vehicle. Annual permits are available – ask for details at Roseland Visitor Centre. There are no designated campervan spaces in the car park. However, you are welcome to park across two adjacent car spaces provided payment is made for two spaces. Coach bays are available and are strictly for use by coaches.

Charges – 1 Hour - £1.20, 1-2 Hours - £3.00, 2-4 Hours - £4.00, All Day (08.00 to 18.00 hrs) - £6.00, Overnight - (18.00 to 08.00 hrs) - £1.00, 24 Hours - £7.00, 48 Hours - £14.00, 72 Hours - £20.00, 96 Hours - £26.00, 1 Week (concession) - £35.00

Disabled parking spaces are available. Please refer to https://www.cornwall.gov.uk/transportand-streets/parking/disabled-parking/ disabled-parking-on-street-and-car-park-rulesfor-parking/ for up to date information on current regulations. There is limited additional parking on The Quay, St Mawes and also some on street parking but most of this is subject to time/duration restrictions. Check the notices before leaving your vehicle to avoid penalties. Out and about on the Roseland there are small car parks in most of the villages, some free of charge, some charged. There are also beach and walkers' car parks throughout the area.



#### Going on foot!

The Roseland is a paradise for walkers. Take a picnic and a whole day to enjoy a varied circular walk, or if time is short strolling just a mile or two will be equally enjoyable. Being a peninsula there are a variety of coastal, creekside and inland routes, with spectacular views from the higher ground. We have maps and walking books and leaflets at Roseland Visitor Centre. Our staff and volunteers can provide more details, such as accessibility of gates, stiles, terrain and even where it might be muddy! They'll also know where you can stop for refreshments, the best viewpoints and where you can access beaches.





## Beaches on The Roseland

Beaches on the Roseland are many and varied from sandy to pebbly, some with rock pools, some with easy access, others off the beaten track and secluded. **St Mawes** has two very good family beaches, **Tavern** and **Summers Beach**, one on either side of the harbour. Both are excellent for swimming and the southerly aspect makes them ideal for sunbathing. Small beaches are accessible from the footpath between St Mawes and St Just in Roseland.

Head to St Anthony Head for National Trust beaches. **Great Molunan**, is a 15 minute walk from the lighthouse car park (where there are toilets). This secluded sandy cove is accessible from the coastal footpath or by boat. **Porthbeor** on the opposite side of the headland is only accessible by boat due to the instability of the cliffs. The beach is secluded and very quiet with rocky areas exposed at low tide. **Towan Beach** is a beautiful long sandy beach with rock pools at low tide. The National Trust provides car parking.

In Portscatho village **Tatums Beach** is a small rocky beach with sandy patches. 10 minutes' walk from the main car park is **Porthcurnick Beach**, a sandy safe family beach, with rock pools. This is a very popular beach with a beach café and toilets.



**Carne and Pendower**, owned by the National Trust, are wide sandy beaches which form one long expanse of sand at low tide. There are toilets and car parking at each end of the beach and The Quarterdeck at the Nare Hotel is open all day for light refreshments.



Further afield, **Portholland** has a tiny cove with rock pools. **Porthluney Beach**, **Caerhays** is a privately owned secluded family beach with an expanse of golden sand, parking and a beach side café.

#### Seaside safety

- There are no lifeguards on our beaches
- Look out for any safety notices before entering the water
- Don't swim off headlands and be wary of undertow currents
- Don't let children go out on inflatable airbeds or dinghies
- Whenever possible get a friend to swim with you or keep an eye on you
- Don't climb on cliffs or dig into cliff faces; they may collapse and bury you
- Before walking along a stretch of beach below cliffs check to see what the tide is doing as you may become cut off
- Observe any signs which indicate cliff instability

In the event of an emergency for coastal or sea rescue **DIAL 999** and ask for the **Coastguard** 

## Dogs on the Roseland

Your dogs will love the Roseland and you will find that they are welcome almost everywhere. On our beaches dogs are currently welcome year round without their leads as follows:

- From St Just in Roseland to St Mawes Castle
- Idles Beach (down the slipway to the right of the Idle Rocks Hotel in St Mawes)
- Great Molunan near the lighthouse at St Anthony Head
- Towan Beach
- Porthcurnick Beach



There are seasonal restrictions in St Mawes on Summers and Tavern Beaches; see notices displayed. Also at Carne and Pendower check the notices as dogs are allowed but must be on their leads during the day in high season. Rules and regulations can change so if in doubt refer to www.cornwall.gov.uk

There are many miles of footpaths which your dogs will adore but:

- Keep them close or on their leads if you're near to cliffs
- The Roseland is an agricultural area so keep to the paths and always use a lead when passing through livestock fields
- Observe local notices relating to wildlife and nesting birds

Locals and visitors alike would all appreciate it if you "pick up" after your dog. We do have a lot of bins but they're not always as near as you might hope due to the accessibility for waste collection. Please resist the temptation to hang bags in trees, bushes or even on gate posts!



Your dog will be most welcome on his or her lead at **St Mawes Castle**. Further afield they are also allowed, on leads, at **Heligan** and in the outdoor areas at **Eden Project**. Well behaved dogs are allowed on all of the ferries but be aware that you may need to lift them aboard/ashore.

You will also be welcome at all Roseland pubs, either in the bar areas or in the gardens/ outdoor seating. Many accommodation providers also allow dogs to stay; there may be an additional charge so you should check when making a booking/enquiry. Please note dogs are **NOT ALLOWED** at **Lamorran House Gardens**.

And finally please remember, cars can get very hot very quickly even on overcast days. Occasionally, thankfully not often, very distressed dogs have been left shut in cars in our car parks.

Beaches on The

Roseland

#### EATING OUT

Eating

Out and

Loca

Services

#### Bear Cornwall

St Mawes Castle car park, Castle Drive, St Mawes TR2 5DE · On facebook @BearCornwallCoffee

#### Hotel Tresanton

St Mawes TR2 5DR 01326 270055 · www.tresanton.com

#### Melinsey Mill

Veryan TR2 5PX 01872 501049 · www.melinseymill.co.uk

#### Miss V's Cornish Cream Tea

St Just in Roseland Church TR2 5JD 07500 418504

#### **Rising Sun**

The Square, St Mawes TR2 5DJ 01326 270233 · www.risingsunstmawes.co.uk

#### The Idle Rocks

Harbourside, St Mawes TR2 5AN 01326 270270 · www.idlerocks.com

#### St Mawes Hotel

Harbourside, St Mawes TR2 5DW 01326 270170 · www.stmaweshotel.com

#### The Nare and Quarterdeck

The Nare Hotel, Carne Beach, Veryan TR2 5PF 01872 501111 · www.narehotel.co.uk

#### The Watch House

1 The Square, St Mawes TR2 5DJ 01326 270038 · www.watchhousestmawes.co.uk

#### SHOPPING

#### 4 The Arcade

The Arcade, St Mawes TR2 5DT 01326 270819 · On facebook @rcade\_stmawes

#### Curgurrell Farmshop

Near Trewithian, Portscatho TR2 5EN 01872 580243 · www.curgurrellfarmshop.co.uk

#### Fudge & More

14 Kings Road, St Mawes TR2 5DH 01326 270126 · www.fudgeandmore.co.uk

#### Kings Road Company

11 Kings Road, St Mawes TR2 5DZ 01326 279113 · www.kingsroadcompany.com

#### Mr Scorse Gourmet Deli & Wines

1 The Arcade, St Mawes TR2 5DT 01326 270045 · On instagram @mrscorsedeli

#### Roseland Local – Spar

Treworran Garage, Ruan High Lanes TR2 5JY 01872 530304 · www.roselandlocal.co.uk

#### St Mawes Butchery

1 Commercial Road, St Mawes TR2 5DN 01326 270243

#### St Mawes Gin

1 The Arcade, St Mawes TR2 5DT 01326 270045 · www.mrscorse.com

#### **GALLERIES / GARDENS**

#### Elerkey Gallery

Elerkey Guest House, Veryan TR2 5QA 01872 501261 · www.elerkeygalleryandgifts.co.uk

#### Lamorran Gardens

Upper Castle Road, St Mawes TR2 5BZ 01326 270800 www.lamorrangardens.co.uk

#### St Mawes Gallery

10 Kings Road, St Mawes TR2 5DH 01326 279099 www.stmawesgallery.com

#### The Square Gallery

5 The Arcade, St Mawes TR2 5DT 01326 270720 · www.thesquaregallery.co.uk

#### Veryan Galleries

Veryan Green TR2 5QQ 01872 501469 www.veryangalleries.co.uk

#### ACCOMODATION

#### Braganza

St Mawes TR2 5BJ 01326 270281 / 07899 967367 www.braganza-stmawes.co.uk

#### **Cornwalls Cottages**

The Coach House, Carclew Street, Truro TR1 2DZ 01872 264441 · www.cornwallscottages.co.uk

#### Cow Parsley Cottage

Penhallow Farm, Treworthal, Ruan High Lanes TR2 5LR 01872 501987 · www.penhallowfarmholidays.co.uk

#### Elerkey Guest House

Veryan, TR2 5QA 01872 501261 · www.elerkeyguesthouse.com

#### Froglets and Frogmore Corner

1 Mill Lane, Tregony TR2 5RX 01872 530371 / 07779 442018 www.frogmorecorner.co.uk

#### Hotel Tresanton

St Mawes TR2 5DR 01326 270055 · www.tresanton.com

#### Lamorran Lodge

Upper Castle Road, St Mawes TR2 5BZ 01326 270800 · www.lamorrangardens.co.uk

#### Lynwood House

1 Tregony Hill, Tregony TR2 5RU 01872 530371 / 07779 442018 www.lynwoodbandbcornwall.co.uk

#### Messack Holidays

Skiber and Karadow, Messack, St Just in Roseland TR2 5JL 01244 356666 · www.messackholidays.com

#### Nearwater

Polvarth Road, St Mawes TR2 5AY 01326 279278 · www.nearwaterstmawes.co.uk

#### Pippin Cottage

Penhallow Farm, Treworthal, Ruan High Lanes TR2 5LR 01872 501987 · www.penhallowfarmholidays.co.uk

#### The Idle Rocks

Harbourside, St Mawes TR2 5AN 01326 270270 · www.idlerocks.com

#### St Mawes Hotel

Harbourside, St Mawes TR2 5DW 01326 270170 · www.stmaweshotel.com

#### The Nare Hotel

The Nare Hotel, Carne Beach, Veryan TR2 5PF 01872 501111 · www.narehotel.co.uk

#### Tom Thumb

20 Lower Castle Road, St Mawes TR2 5DR 01872 501259 · www.tomthumbcottage.co.uk

#### Trelagossick Farm Cottages

Ruan High Lanes, TR2 5JU 01872 501338 / 07498 047527 www.trelagossickfarm.co.uk

#### Trenestral Farm

Ruan High Lanes, TR2 5LX 01872 501259 · www.trenestralfarm.co.uk

#### Trenona Farm

Ruan High Lanes, TR2 5JS 01872 501339 · www.trenonafarmholidays.co.uk

Trethem Mill Touring Park

St Just in Roseland, TR2 5JF 01872 580504 · www.trethem.com

#### SERVICES

#### Alan January

Walk around the ancient borough of St Mawes (75 mins). Wednesdays 10.30 – meet outside the Roseland Visitor Centre. To book ring -01326 270381 or at the Roseland Visitor Centre

#### Carne Bay Spa

The Nare Hotel, Carne Beach, Veryan TR2 5PF 01872 501111 www.carnebayspa.co.uk

#### Pasco's Boatyard

The Boatyard, St Just in Roseland TR2 5JD 01326 270269 www.pascosboatyard.co.uk

#### Roseland Community Transport

All bookings via Roseland Visitor Centre 01326 270440 or 01326 270799

#### Roseland Heritage Group

www.roselandfestival.co.uk

#### Roseland Plant Centre

Ruan High Lanes TR2 5JR 01872 501502

#### Roseland Storage

Woodbury House, Lanhay, Portscatho TR2 5ER 01872 580294 · www.storagecornwall.co.uk

#### Roseland Visitor Centre

The Millennium Rooms, The Square, St Mawes TR2 5AG 01326 270440 · www.stmawesandtheroseland.co.uk

#### St Mawes Kayaks

The Quay, St Mawes TR2 5DG 07971 846786 · www.stmaweskayaks.co.uk

#### PRIVATE DINING & COOKERY SCHOOL

#### Chef on the Roseland

Jago Cottage, Trewartha, Veryan TR2 5QJ 01872 501491 · www.thechefontheroseland.co.uk

#### Beetham Food

Treskyber, Ruan High Lanes TR2 5LH 07790 640610 · www.beethamfood.co.uk

#### Philleigh Way Cookery School

Court Farm, Philleigh TR2 5NB 01872 580893 · www.philleighway.co.uk

#### MEDICAL

#### Roseland Surgeries

Main surgery – Gerrans Hill, Portscatho TR2 5EE 01872 580345 · www.roselandsurgeries.co.uk Branches in Tregony and St Mawes

#### PARISH COUNCILS ON THE ROSELAND

The Roseland is covered by 7 individual parishes, so if you spot anything that you wish to comment on or raise concerns – here are the contact details:

#### Gerrans Parish Council

Steve Skull · clerk@gerransparishcouncil.org

Philleigh Parish Meeting

philleighchair@macace.net

Ruan Lanihorne Parish Council

Tomas Hill · ruan-clerk@live.co.uk

St Just in Roseland Parish Council

parishclerk@stjustinroseland-pc.gov.uk

St Michael Caerhays Parish Meeting

jp@caerhays.co.uk

Tregony Parish Council

Mary Symons · clerk@tregonypc.co.uk

Veryan Parish Council

Mary Symons · veryanpc@treburthes.co.uk

## TheNare

#### The country house hotel by the sea





The Dining Room, with its magnificent sea views, and The Quarterdeck, with its classical yachting décor, offer traditional English fare. Dishes are prepared with passion, care and an emphasis on delicious cuisine. Open to non-residents for lunch, including our traditional Sunday Lunch. Reservations are required in advance.



Carne Beach Veryan-in-Roseland Nr St Mawes TR2 5PF | Telephone 01872 50 11 11 stay@narehotel.co.uk www.narehotel.co.uk



Carne Bay Spa offers a wide range of relaxing treatments that are available to non-residents by appointment. Spoil yourself with a massage or pamper yourself with a manicure or pedicure. Why not make a day of it with lunch on The Quarterdeck terrace followed by a stroll along beautiful Carne beach or the coastal path?







Carne Beach Veryan-in-Roseland Nr St Mawes TR2 5PF | Telephone 01872 50 00 02 spa@narehotel.co.uk

| Eating Out and Local Services

## Walk to St Just Church from St Mawes

If you only do one walk when visiting the Roseland we would always recommend the five mile circular walk from St Mawes to the beautiful church at St lust. Call in to the Roseland Visitor Centre and ask for a St Mawes and the Roseland map before you set off. Leaving the car park, turn right and walk along the front past the shops and on up to the Castle. Leave the main road here, keeping the Fal estuary immediately to your left. The quiet private road becomes the footpath which continues through grassy meadows to Pasco's thriving boatyard. Keeping the water immediately to your left follow the path beyond the last boat shed which will bring you out at the secluded creekside church.

Rest here and maybe enjoy a delicious lunch, cake or a cream tea at **Miss V's**; you'll find her

just above the church by the car parks. To return to St Mawes you can either retrace your steps along the coast or take the higher route along the ridge to enjoy far reaching views out to sea and across the Carrick Roads to Falmouth and beyond. This upper route is signed "To St Mawes Road" opposite the lych gate (toilets are here too) and involves a moderate climb. Following the well-trodden field paths parallel to the road you emerge at the water tower at the top of St Mawes and can then take quiet back roads down to the village.

If you'd like to use the bus to halve the distance it's best to take the bus from St Mawes and ask to get off at the turning for St Just Church (the drivers will know where that is!). You then walk downhill to the church and then take either the ridge or creekside route back to St Mawes.



## Accommodation Standards

Welcome to our essential guide to where to stay on the Roseland. Most properties listed have been graded or inspected by the AA, Visit England or a recognised inspection scheme. For those that are not graded we have, for your safety, as a minimum ensured that they have completed fire risk assessments and have public liability insurance. So whatever your taste and budget you will find what you're looking for, whether it is a top-class hotel with all the facilities, a friendly guest house, the independence of self-catering or the freedom of camping – you'll be spoilt for choice. Details are correct at the time of going to print. Roseland Visitor Centre accepts no liability or responsibility and visitors must rely on their own enquiries.

#### Gradings and Inspections Schemes Explained

Graded or inspected properties have been inspected by:

- The AA www.theaa.com/hotel-services/ratings-and-awards
- Visit England www.visitengland.com/plan-your-visit/visitengland-quality-schemes
- A recognised inspection scheme these are run by local tourism associations and businesses to ensure tourism accommodation providers meet minimum standards to make premises legal, safe, clean and green.

There are separate grading/rating systems for serviced accommodation such as guest houses and hotels as well as self catering and holiday and touring parks.

Some establishments listed may have recently applied to be graded/inspected and are therefore awaiting assessment – these establishments will show 'Award pending'.



#### A quick guide to star ratings:

- $1 \star$  simple, practical, no frills
- $2 \star \star$  well presented and well run
- 3  $\star \star \star$  good level of quality and comfort
- 4 ★ ★ ★ → excellent standard throughout
- $5 \star \star \star \star = exceptional standard with a degree of luxury$



#### Gold and Silver Awards



Gold and Silver awards celebrate accommodation establishments which outperform in their

category, offering exceptional quality within their star rating. The awards help guests find special places where the hosts "go the extra mile".

#### Quality in Tourism



This award focusses on the needs of owners and customers, regular assessments of quality is a key factor. For further information see:

www.qualityintourism.com

#### Quality in Cornwall



This award provides visitors with confidence to book safe in the knowledge that the accommodation has been visited by an independent,

trained inspector who has established that it has met the Legal, Safety and Cleanliness requirements specified by the scheme. For further information please see:

www.qualityincornwall.com

#### AA Rosette Awards for Restaurants

AA inspectors annually award Rosettes to restaurants for the quality of their food. Most star-rated hotels have their own

restaurants and these are also inspected. Not all receive an AA Rosette award, but they will generally serve enjoyable food of a reasonable standard.

#### Access for All

There is an ongoing commitment to improve access for everyone. If you have any particular requirements we advise you to specify these when making your enquiry. For full details of accessibility facilities provided by local accommodation, information in alternative formats and other services, please contact the provider direct.

#### More information for Disabled Visitors and National Accessible Scheme

If you have particular mobility, visual or hearing needs refer to the National Accessible Scheme logos.

- 1. Sufficient mobility
- 2. Restricted walking ability
- 3. Wheelchair user

Information helpline: 0845 124 9971 Lines open 9-5 Monday to Friday. For more information please see:

www.visitcornwall.com/accommodation/ national-accessible-scheme or www.tourismforall.org.uk



## Accredited Accommodation



#### Trenona Farm, B&B

Victorian farmhouse on a family run beef and cereals farm. Offering a warm welcome in peaceful, unspoilt countryside within easy reach of coastal beaches, several large public gardens and the Eden Project. The five guest rooms all have ensuite/ private bathroom facilities, colour televisions, mini-fridges and tea/coffee making facilities. Family rooms available with child rates. Pets by arrangement. Non smoking. One ground floor room with wet room accessible for wheelchairs with dedicated parking next to the farmhouse. Trenona Farm, Ruan High Lanes, Truro TR2 5JS 01872 501339 www.trenonafarmholidays.co.uk



#### Lynwood House

A small friendly family run B&B in Tregony village, the "gateway to the Roseland" an area famous for its stunning scenery. There are beautiful beaches within 10 minutes' drive, with easy access to both the Roseland and much of Cornwall. A short walk to the local village pub. Open all year. All rooms are en suite. Wifi and ample off road parking. Sorry, no pets allowed.

Lynwood House, 1 Tregony Hill, Tregony TR2 5RU 01872 530371 / 07779 442018 www.lynwoodbandbcornwall.co.uk



#### **Elerkey Guest House**

Delightful family run guest house set in beautiful grounds in delightful Veryan, famous for its "Round Houses". Elerkey offers AA\*\*\*\* en-suite B&B with light and airy rooms. Guest lounge and ample off road parking. There is also an Art Gallery and Gift Shop on site. Just a mile from Carne and Pendower beaches and the coastal paths.

Elerkey Guest House, Veryan, Truro TR2 5QA 01872 501261 www.elerkeyguesthouse.com



#### Trenestral Farm

En suite rooms in a converted barn on a working family farm, in a truly rural setting with far reaching countryside views. 1 mile from Philleigh, which although off the beaten track is within easy reach of villages and beaches on the Roseland. A warm welcome is assured and a relaxed atmosphere. Hearty breakfasts using local produce whenever possible. Dogs and children welcome. Guest lounge, wifi and ample off road parking.

Trenestral Farm, Ruan High Lanes, Truro TR2 5LX 01872 501259 www.trenestralfarm.co.uk

## Accredited Accommodation



#### **Cow Parsley Cottage**

Penhallow Farm offers the choice of 2 quality holiday cottages in peaceful, private settings with superb views.

Cow Parsley Cottage is a luxury barn conversion for two. It has underfloor heating, woodburner and wetroom and you can unwind and relax in the two outdoor baths whilst watching the stars. You can bring your dogs too!

Cow Parsley Cottage, Penhallow Farm, Treworthal, Ruan High Lanes, Truro TR2 5LR 01872 501987 www.penhallowfarmholidays.co.uk



#### Trelagossick Farm Cottages

Set within a traditional working dairy farm on the Roseland Peninsula, two self catering cottages in peaceful countryside with superb views. Near to Veryan these cottages are a convenient base for exploring the Roseland and beyond and offer easy access to local beaches. Ample parking. Available all year round. \*\*\* self catering

Trelagossick Farm, Ruan High Lanes, Truro TR2 5JU 01872 501338 / 07498 047527 www.trelagossickfarm.co.uk



#### Pippin Cottage

An immaculately presented, spacious barn conversion on a working farm, with beautiful views across open countryside from its large private garden. Pippin Cottage is peaceful, fully equipped, very comfortable and has ample parking. Sleeps up to 6 in two ground floor and one first floor bedroom. Your perfect destination for short breaks or longer holidays.

Pippin Cottage, Penhallow Farm, Treworthal, Ruan High Lanes, Truro TR2 5LR 01872 501987 www.penhallowfarmholidays.co.uk



#### Tom Thumb, St Mawes

A comfortable, traditional, family owned cottage for 4. With superb panoramic views across to St Anthony Head and the lighthouse. Just yards from Tavern Beach and an easy stroll to St Mawes Castle and the coastal path. Ideal location for sailing, walking or just relaxing. Close to the quay for passenger ferries. Private garden. Well behaved dogs welcome. Self catering

Tom Thumb Cottage, 20 Lower Castle Road, St Mawes TR2 5DR 01872 501259 www.tomthumbcottage.co.uk

## Accredited Accommodation



#### Lamorran Lodge, St Mawes

Set in an idyllic position in the grounds of Lamorran House, on the headland near to St Mawes Castle, this property has two bedrooms, sitting room, kitchen, en suite shower room plus family bathroom, off road parking and private secluded garden. Complimentary entrance to Lamorran House Gardens during your stay. \*\*\*\* self catering

Lamorran Lodge, Upper Castle Road, St Mawes TR2 5BZ 01326 270800 www.lamorrangardens.co.uk



#### **Cornwalls Cottages**

With 90 properties across the Roseland including 50 in St Mawes, CornwallsCottages.co.uk has the largest selection of holiday homes and cottages on the Peninsula. Choose from waterfront homes to rural cottages and barn conversions, traditional to luxury, large or small, with many being dog friendly too. (Please note: not all of the properties are accredited).

Cornwalls Cottages, The Coach House, Carclew Street, Truro TR1 2DZ 01872 264441 www.cornwallscottages.co.uk

#### **ROSELAND VISITOR CENTRE**

staff can help you with accommodation choices and bookings. You will find current availability listings on our website

#### stmawes and the rose land. co. uk

Or telephone us on 01326 270440

Or email enquiries@roselandinfo.com

Please mention **ROSELAND VISITOR CENTRE** or quote **RVC22** when making an enquiry or booking your holiday.



#### Trethem Mill Touring Park

Exclusively for adults only. The only 5-star Park on the Roseland offering a choice of pitches suitable for caravans, motorhomes and tents. Independently owned and run it is ideal for those seeking the perfect rural retreat. Just 3 miles from St Mawes and Portscatho, yet only a mile from the sea, within easy reach of many places of interest. We are proud to have been awarded the Visit England 5-star Gold and AA 5-pennant Platinum award for quality and service.

Trethem Mill Touring Park, St Just in Roseland, near St Mawes TR2 5JF 01872 580504 | www.trethem.com Touring Park

Self Catering

## **Un-accredited Accommodation**



#### Braganza B&B, St Mawes

Situated in its own spacious and private gardens, sitting on the hillside, Braganza is a delightful legacy of Regency splendour, overlooking the harbour with stunning views over the bay. Just a few minutes walk from the village centre. Double/twin/single rooms, either en suite or with private bathroom. Private off road parking and free wi-fi.

Braganza, St Mawes TR2 5BJ 01326 270281 / 07899 967367 www.braganza-stmawes.co.uk



#### Froglets & Frogmore Corner

Situated on a quiet lane in Tregony, these two adjacent cottages have been sympathetically restored. Superb views over the upper reaches of the Fal and fields below. Froglets – 1 double, ensuite, parking space Frogmore Corner – 1 double, 1 single, garden and parking space. Close to the village, pub and shop. Beaches 15 minutes' drive away. Dog friendly. Available all year.

Frogmore Corner and Froglets, 1 Mill Lane, Tregony TR2 5RX 01872 530371 / 07779 442018 www.frogmorecorner.co.uk



#### Nearwater, St Mawes

Nearwater offers three beautifully appointed en suite bedrooms, each individually designed with space and comfort in mind. Private sitting room and off road parking. Wi-fi. You are welcome to relax in the garden and maybe even join your hosts for a sail.

Nearwater, Polvarth Road, St Mawes TR2 5AY 01326 279278 www.nearwaterstmawes.co.uk



#### Messack Holidays

www.messackholidays.com

Two luxury semi-detached cottages, renovated in 2019, at Messack near St Just in Roseland. One sleeps 4, one sleeps 6. Away from busy roads in a rural setting yet only a short drive from St Mawes, Portscatho and beaches. Each has its own enclosed decked area with hot tub. Shared enclosed garden. Wi-fi. Dog friendly. Ample parking.

Skiber and Karadow, Messack, St Just in Roseland, Truro TR2 5JL 01244 356666 (via Sykes Cottages) www.sykescottages.co.uk

## Now available - our 2022 Calendar

You can purchase our Calendar for 2022 which features many of our local artists work from the Roseland Visitor Centre

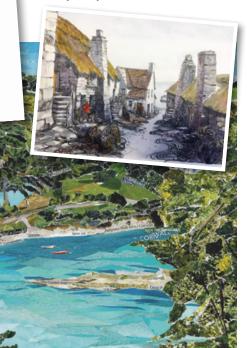




Above: Picture by Keith Rosewall Right: The Roseland by Cathy Harrison Below: Old St Mawes by Ann Long Main: St Just in Roseland Church by Cathy Harrison







2022

Calendar





THE IDLE ROCKS

Idyllically situated on the harbour, it's your home from home with 18 individually designed bedrooms, our Reef Knot Retreat treatment room, award winning restaurant, and south facing terrace with unrivalled views across the water offering delicious food, centred on fresh Cornish produce.



Harbourside, St. Mawes, Cornwall, TR2 5AN 01326 270270 www.idlerocks.com reservations@idlerocks.com





ST MAWES HOTEL

This boutique hotel stands by the harbour, offering seven individually designed bedrooms, an Upper Deck restaurant serving great Cornish food, a luxury Hidden Cinema and The Courtyard Room for your special events and celebrations.

A favourite with locals and visitors alike.

Harbourside, St. Mawes, Cornwall, TR2 5DW 01326 270270 www.stmaweshotel.com reservations@stmawes.com